

## DWD 81.09 – UPPER EXTREMITY DISORDERS

Definition – By definition, an upper extremity disorder could mean any one or more of the following below\*, at any given time. The upper extremity would consist of the shoulder, arm, elbow, forearm, wrist, and hand in their entirety.

Proposed possible disorders could encompass any one or more of the following. This list does not comprise every possible injury or condition that could be related to a work injury. \*(BICEPS DISORDER, BICEPS TENDON INJURIES, CARPAL TUNNEL SYNDROME, CUBITAL TUNNEL SYNDROME, DeQUERVAIN'S DISORDERS, DUPUYTREN'S DISORDERS, DISLOCATIONS/ ANY/ ALL, ELBOW/ SHOULDER/ WRIST INSTABILITY, FINGERTIP INJURIES or AMPUTATIONS, FLEXOR TENDON INJURIES, FRACTURE of any ONE or MORE FINGERS/ HAND/ RADIUS/ ULNAR/ BRACHIUM/ SHOULDER REGION, GANGLION CYST, HAND INFECTIONS, TRAUMATIC AVASCULAR NECROSIS of any ONE or MORE CARPAL BONE/s, LIGAMENT INJURIES/ ANY UPPER EXTREMITY JOINT, Mallet Finger, MEDIAL/ LATERAL EPICONDYLITIS, MUSCLE INJURIES/ TEARS/ ANY/ ALL, NAILBED INJURIES/ DEFORMITIES, NERVE INJURIES or ENTRAPMENTS, ROTATOR CUFF TEARS, SKIER'S THUMB, SLAP TEARS, SCAPHOID or LUNATE FRACTURES, SHOULDER INJURY/ IMPINGEMENT/ TEAR, SPRAINS and STRAINS of SHOULDER/ ELBOW/ WRIST or HAND, TENDONITIS in ANY GIVEN UPPER EXTREMITY PART, THUMB FRACTURES, TRIGGER FINGER, ULNAR TUNNEL SYNDROME, ETC.

**(1)** DIAGNOSTIC PROCEDURES FOR TREATMENT OF UPPER EXTREMITY DISORDERS. (a) A health care provider shall determine the nature of an upper extremity disorder before initiating treatment.

(b) A health care provider shall perform and document an appropriate history and physical examination. Based on the.....