Wisconsin State Disaster Medical Advisory Committee Ethics Subcommittee Ethical Framework to Guide the Allocation of COVID-19 Therapeutics and Vaccines

The State Disaster Medical Advisory Committee (SDMAC) created the Ethics Subcommittee to develop and propose a statement of ethical principles for the distribution of scarce resources during the COVID-19 pandemic.

Our charge included:

- 1. Review relevant resources including national, state, and other guidelines in order to identify and define generally agreed-upon ethical principles to provide a framework for decision-making about allocating scarce resources including vaccines and therapeutics.
- 2. Identify the most important procedural considerations for developing strategies to allocate scarce resources, such that the processes are transparent, inclusive, and worthy of trust.
- 3. Determine which principles can be applied to both vaccines and therapeutics, and which have unique considerations that must be answered specific to each.
- 4. Determine whether and when it may be appropriate to give preference in allocation decisions to regions or other geographic areas within Wisconsin that are disproportionately burdened by COVID-19 or other health inequalities.
- 5. Address whether and when there are circumstances when allocation considerations should give priority to individuals who work in fields that are instrumental to the COVID-19 response, such as health care workers.

This framework was written to guide the work of the vaccine and therapeutics subcommittees, given their charge to promote operational guidelines for how these resources will be allocated. The ethical framework is also meant to be a resource for the public so Wisconsinites can better understand how ethical principles support difficult resource distribution decisions. This framework may also help inform hospitals, clinics and private sector entities about how resources could be distributed ethically within their own organizations.

Principles to guide equitable vaccine and therapeutics allocation

• Promoting the Common Good

Promoting the common good means equitably preventing illness and death, caring for the vulnerable, and protecting societal activities, including education and opportunities to sustain livelihoods.

Unity

Unity underlies the phrase "We're all in this together." Unity recognizes the mutual interdependence of all Wisconsinites and highlights common responsibilities and interests, purpose and action. When resources are scarce, there is a mutual obligation to care for one another and to prioritize the common good over individual self-interest.

Equity

Health equity is the ethical goal of eliminating barriers to living healthy lives. Health inequities are systematic differences in health outcomes, and opportunities to be healthy, that adversely affect socially discounted and/or marginalized groups. While no single policy can eliminate health inequities by itself, a policy can mitigate or avoid perpetuating health inequities. The goal of health equity is promoted

when policies respond to social differences in background health risks, and to the ways in which these differences affect different social groups' vulnerability to new and ongoing threats to health. Health equity calls for cooperation among organizations and systems to mitigate the effects of power imbalances that unfairly disadvantage some to the benefit of others.

Respect for Persons

Respect requires that everyone be considered and treated as having equal dignity, worth and value. It presupposes that no one person is intrinsically more valuable or worthy of regard than another. Regardless of the type of treatment, the individual must give informed consent for treatment and retains the right to refuse treatment. To the extent possible, an individual's choice of provider and/or place of treatment should be honored. Each person must know regardless of their choices, they will always be respected and treated with fairness.

Fairness

When resources are limited, there will not be enough for everyone to receive vaccines and therapeutics. The principle of fairness requires that health care resources be allocated using criteria based only on relevant characteristics, using impartial procedures for allocation and distribution. Decisions about scarce resources should be responsive to the scale of the pandemic and the amount of scarce resources available. Fairness requires transparency, consistency, accountability and protections to avoid practices that sustain unjust discrimination. The following considerations should not be used to unjustly disadvantage individuals in allocation decisions, in no particular order: age, race, color, disability, gender, immigration/citizenship status, incarceration status, national origin, religion, sexual orientation and gender identity, socioeconomic status including the ability to pay.

• Reasonableness

The public has a basic right to be assured that health care decisions are just and sound. Resource allocation decisions are to be based on science, evidence, practice, experiences, and ethical principles, taking into account personal, social, cultural, and linguistic differences.

<u>Procedural considerations to instill transparency, inclusivity, and trustworthiness</u>

Transparency

Transparency is characterized by openness, communication and accountability. It requires acting in such a way that others can see what actions are performed and why they are chosen. The effectiveness of transparency is dependent upon strong public engagement with all populations including those with distrust of the healthcare system; those suffering significant health disparities; and those most vulnerable in this pandemic. Openness is an honest way of talking and behaving. It leads to an outcome where people affected by decisions can access and review the processes and arguments that lead to those decisions and they can comment on and respond to them. Communication with decision-makers and the public about the reality of scarce and imperfect resources and the goals of care, as well as when preferences cannot be honored, is vital. Accountability is taking ownership of the results of an action and leads to a commitment to sound medical choices, resource allocation based on ethical principles, and a recognition of inequities and shortcomings in our healthcare system that exist today.

Inclusivity

Voices representative of the diversity of Wisconsinites should be represented in resource allocation decision making in order to help mitigate bias and move toward a plan that is acceptable to all. These voices can elevate concerns, bring awareness to issues that might not otherwise be at the forefront of discussion, and highlight potentially unknown needs. To be inclusive, it is necessary to be culturally intelligent and utilize best practices as recommended by diversity and inclusion experts and working with community leaders that have had success in the COVID-19 response.

Trustworthiness

A principle of trustworthiness involves the obligation to communicate with the public openly, clearly, accurately, and straightforwardly about the resource allocation criteria and framework, as they are being developed and deployed. Strategies to build trust need to be informed by cultural differences and historical injustices. The distribution decisions should be nonpartisan. These requirements are necessary to generate and sustain public trust in any allocation criteria and program. The allocation process must clearly articulate and explain all allocation criteria. These explanations must include the principles underlying the criteria, as grounded in widely accepted societal institutions and culture, as well as the procedures for ensuring their faithful implementation.

Evidence-based

This principle expresses the requirement that allocation of COVID-19 vaccine and therapeutics should be based on the best available and constantly changing scientific data and information on safety, efficacy and epidemiology. The overarching goal is to maximize benefit and limit any risks of the intervention.

<u>Practical Applications of Ethical Principles including Common and Unique</u> Aspects of COVID-19 Therapeutics and Vaccines

The above ethical principles and procedural considerations should inform and guide both the vaccine and therapeutic subcommittees as they determine operational frameworks for allocating scarce resources in Wisconsin. As decisions are being made, the principles could conflict or be in tension with one another in some situations. The goal of applying this framework is to balance the ethical principles and procedural considerations in order to operationalize the practical aspects of resource allocation in a way that can be acceptable to all and ultimately promotes the overall health of Wisconsinites. Additionally, there are practical applications of the ethical principles that may apply to both vaccines and therapeutics or uniquely to one or the other.

Therapeutics and Vaccines:

 Assess individual risk by accounting for the compounding of multiple risk factors, along with safety and efficacy considerations, so that a person with overall risk and potential for benefit might be prioritized over someone with less risk factors and lower benefit.

- Promote access, considering geographic location, proximity to sites of care, communal living situations, transportation, those who are uninsured/underinsured, and those without a primary care provider or medical home.
- Support public understanding about vaccines and therapeutics, recognizing the importance of ongoing public educational initiatives as new information becomes available. Provide this education in a language and at a reading level that is understandable to everyone.
- Collect data to ensure that broad resource allocation decisions are well-informed and evidence based.
- Consider ongoing review and revision to adjust the framework based on trends in COVID-19 transmission, therapeutic or vaccine data, and unique circumstances.
- Maintain adequate infrastructure to track vaccine and therapeutic location and availability in real time. If appropriate logistics can be maintained (e.g. cold chain for vaccine), allow for redistribution based on ethical principles.

Therapeutics:

- After risk-based criteria and ethical principles are applied and there are still not enough
 resources for each person who meets the criteria, lotteries can be ethically appropriate
 strategies to use in decision making. There may be times where a lottery needs to be weighted
 in order to achieve fairness and health equity.
- Access to palliative care, hospice care, or supportive care for the dying should be made available
 to any patient who could benefit from the scope of these services. Use of a second order
 therapeutic in some situations may be appropriate while waiting for another treatment to
 become available, depending on goals of care and therapeutic effect.

Vaccines:

In agreement with the National Academy of Science, Engineering, and Medicine, the balance of the following risk-based criteria is relevant for vaccine prioritization:

- Risk of severe morbidity and mortality: Individuals who have a greater probability of severe disease or death if they acquire infection.
- Risk of acquiring infection: Individuals who have higher probability of being in settings where SARS-CoV2 exposure risk is high.
- Risk of transmitting disease to others: Individuals who have a higher probability of transmitting the disease to others.
- Risk of negative societal impact: Individuals who have a societal function in which other individuals' lives and livelihood depend on them directly and would be imperiled if they fell ill.

<u>Allocation decisions to regions or other geographic areas within Wisconsin that are disproportionately burdened by COVID-19 or other health inequalities</u>

Based on this ethical framework, it is appropriate to allocate resources to areas or regions disproportionately burdened by COVID-19 and other health inequities with the following goals:

- 1. Reduce the higher rates of severe COVID-19 illness and mortality being experienced by systematically disadvantaged social groups and marginalized populations.
- 2. Address disproportionate economic and social impacts on some population groups, especially those that are marginalized or systematically disadvantaged.

Strategies and tools to account for disadvantages that increase risk for COVID-19 should be considered. Examples includes the CDC's Social Vulnerability Index and the Area Deprivation Index.

Allocation considerations for those who work in fields that are instrumental to the COVID-19 response such as health care workers

Federal and other state guidelines have prioritized high-risk health care workers and staff for phased allocation of COVID-19 vaccine once available. The goal is to protect those who face increased burden of COVID-19 disease in response to the pandemic and to maintain a health care work force to serve and provide care to others. The Ethics Subcommittee agrees that it is appropriate to prioritize high-risk health care workers in a phased approach to allocation of COVID-19 vaccine. We affirm the National Academy of Science, Engineering and Medicine's definition of high-risk health care workers and first responders.

Federal and other state guidelines have also prioritized individuals with jobs critical to the functioning of society beyond high-risk health care workers and first responders, including food supply and service workers, K-12 teachers and staff, school bus drivers, childcare providers and staff, correctional center workers, group home, personal care and homeless shelter workers. The Ethics Subcommittee agrees that it may be appropriate to prioritize these workers in a phased approach to allocation of COVID-19 vaccine.

Summary

The Ethics Subcommittee supports the conclusions of the *Framework for Equitable Allocation of COVID- 19 Vaccine* from the National Academy of Science, Engineering, and Medicine:

- "An effective and equitable national COVID-19 vaccination program must be framed by an
 overarching commitment to the principles on which the committee's allocation framework is
 founded." In this framework, our ethical principles are promoting the common good, unity,
 equity, respect for persons, fairness, reasonableness, transparency, inclusivity, and
 trustworthiness, and evidence-based.
- "However, the mere establishment of foundational principles does not guarantee equitable allocation: equitable allocation must be supported by equitable distribution and administration. The principles of equity should guide each program component- from its design

through its administration and evaluation-and be the central tenets that guide partners responsible for implementation and monitoring." We encourage subsequent subcommittees of the State Disaster Medical Advisory Committee to follow this guidance.

Select References

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Membership List - SDMAC Ethics Subcommittee - Fall 2020

Alyson Capp, PhD (Co-Chair)

Director of Ethics Advocate Aurora Health

R. Alta Charo, JD

Professor of Law and Bioethics UW-Madison

Michaela Daubon, RN

Public Health Nurse Lac du Flambeau Wellness Center

Arthur Derse, MD, JD

Professor and Director, Center for Bioethics and Medical Humanities Medical College of Wisconsin

Helen Marks Dicks, JD

State Issues Advocacy Director
AARP Wisconsin

Mitchell Hagopian, JD

Managing Attorney for Community and Institutions
Disability Rights Wisconsin

Nancy Hernandez

President Hispanic Collaborative

Maysee Herr, PhD Executive Director

Hmong Wisconsin Chamber of Commerce

J. Paul Kelleher, PhD

Associate Professor UW-Madison

Michelle Myers, BSN, RN

Community/Public Health Officer
Oneida Nation Community Health Services
Dept.

Rajiv Naik, MD (Co-Chair)

Medical Director of Informatics and Pediatrics Gundersen Health System

Jose Salazar

HIV Program Director
Sixteenth Street Community Health Center

Kathryn Schroeter, PhD, RN, CNOR, CNE

Nurse Scientist - Froedtert Hospital & Medical College of WI Clinical Associate Professor - Marquette University College of Nursing

Kofi Short

Prevention Program Manager Diverse and Resilient, Inc.

Ericka M. Sinclair, MS, MPH

Founder and CEO
Health Connections

Jonathan Temte, MD, PhD

Associate Dean for Public Health and Community Engagement School of Medicine and Public Health UW-Madison

In memory of Hilary Bauman, Project Manager for the SDMAC Ethics Subcommittee, for the dedication, optimism, and passion she brought to this work.