### **OPEN MEETING MINUTES**

Name of Governmental Body: DHS 33 Crisis Hostels Advisory Committee			Attending: Bette Trimble, Natalie Meinert, Jacqueline White, Otis Winstead,
Date: 11/12/2024	Time Started: 9:00 a.m.	Time Ended: 11:00 a.m.	Tim Blumentritt, Patrick Bohon, Melissa Freeman, Kim Propp, Sarah Coyle, Jenna Suleski, Ski Singh, Holly Audley, Laurie Hintz, Pam Lano, Nicole Heiser
Location: via Microsoft Teams			Presiding DHS staff: Emily Jaime, DCTS
Minutes			

winutes

- 1. Welcome, Introductions
- 2. Opportunity for Public Comment
  - None.
- 3. Review of Rule Writing: Staffing, Training & Supervision
  - Personnel and Staffing Section
    - Much of this rule follows DHS 34 related to this section, as these programs must have access to personnel from DHS 34 facilities.
    - o Crisis hostels can utilize their DHS 34 program administrator/director, without needing an additional one specific to crisis hostels.
  - **Application Qualifications** 
    - o It may be difficult to survey/assess emotional stability of staff to carry out duties; could cause issues for staff as well as for Department of Quality Assurance.
  - Orientation and Training
    - This area also follows DHS 34
    - Rule draft of this section utilized language from the DHS 83 Community-Based Residential Facilities rule.
      - May want to pull from DHS 83 without referencing it directly.
        - The four safety-related standardized trainings may not be necessary, as they are specific to the Community-Based Residential Facilities setting, not the hostel setting.
        - If these are used as a training requirement, the trainings should be hostel, not residential, specific.
    - Continuing Education discussion of whether to utilize language/requirements from DHS 83 or DHS 34.
    - o Clinical Supervision also pulled or modified from DHS 34.
    - Consider including guidance around cultural competency skills/training for staff from DHS 34 or create language if needed.

### 4. Break

- 5. Education: Crisis Billing
  - Division of Medicaid Services presented this section.
  - Crisis services Medicaid coverage
    - o Federal authority: crisis intervention services fall under SSA1905(a)(13)(c) rehabilitative services.
    - Crisis intervention benefit
      - Counties may be eligible for Medicaid reimbursement when certified under DHS 34.
      - Enrollment as a Medicaid provider for reimbursement of crisis intervention services is also required.

- Reimbursement began with two codes (hourly and per diem); utilization was difficult to determine.
- Expanded codes launched in 2023 to align with Crisis Now Model.

### Covered Services

• Someone to call (local crisis intervention line), someone to respond (crisis response), a safe place to go (hourly or per diem).

### o Crisis Stabilization

- Optional service per DHS Ch. 34
- Stabilization is reimbursed when provided to:
  - reduce/eliminate symptoms to prevent inpatient hospitalization
  - assist in the transition to a less restrictive environment after the crisis has passed
- Allowable stabilization settings
  - Crisis hostels, foster or group homes, member's own home, outpatient clinics, adult family homes, YCSF's, etc.
  - DHS Ch. 34.21 includes an identical list

#### Crisis Hostels

- Counties may choose to operate a crisis hostel.
- Crisis hostels will continue to be an allowable place of service for crisis stabilization.
- County DHS Ch. 34 crisis services may be co-located with a hostel.
- Medicaid billing for co-located services
  - Non-stabilization services are billed using general crisis intervention benefit codes (call-line, response, linkage, and follow-up).
  - Stabilization services provided in a crisis hostel are billed as hourly stabilization.

### 6. Education: Certification/Building

- Department of Quality Assurance presented this section.
- Current process is paper; hoping for application system in 2025.
- Application will consist of submitting policy and procedures, staff rosters, building requirements (still being developed) and training requirements.
- Once application received, surveyor will be assigned to review material and work with provider on completing any missing/incomplete material. Surveyor may then come to the site to view where confidential info is held, offices, destruction of client information, agency processes, etc.
- Once on-site visit completed, agency is ready for certification if all requirements met.
  - o If development is needed for certification, application will be kept open while requirements are sought.
  - o If provider or DOA feels that the agency won't make certification, it could be denied on a very rare basis.
- Once certification is completed, E-certification is sent.
  - o All certifications are non-expiring; previously needed re-certification every two years.
  - o Would match up hostel certification with DHS Ch.34 renewal.

### 7. Committee Questions and Discussion

## • How do you conceptualize the building looking and feeling?

- o Existing hostel:
  - Ample space for consumers to have alone time (beds far enough apart, some single rooms if needed)
  - Place to lock and store medication
  - Multiple bathrooms
  - Follows City code for building requirements
- Open concept common area
  - For higher visibility, both for staff to be able to effectively monitor the program space, but also for comfort level of consumers.

- Ideal for group sessions, meals, etc.
- Minimal hidden areas/corridors
- Outdoor patio area (for smoking or general outside space options)
- Bathrooms
  - Ideally three bathrooms (for demographic reasons but also for capacity-related reasons)
  - Spacious bathrooms and showers ideal for consumer experience; these elements can have a
    positive impact on consumers in crisis).
- Good quality, soft lighting

# Building requirements to consider including?

- Safety considerations
  - Fire safety, two exists, at least two bathrooms, refrigeration, handicap accessible
  - Could pull from Community-Based Residential Facility rules for elements like smoke detectors, fire alarms, locking up cleaning chemicals, locking up medications/over the counter materials.

# • Medication-specific requirements to consider including?

- Medication management training as part of DHS Ch. 83, if required, may confuse staff.
- Community-Based Residential Facility medication policy is more rigid.
  - One existing recovery house (Lighthouse) has a safe in each room, which is secured and mounted to the wall. Patients have their right to their medications.
- Consensus that security of meds is important; varied ideas for what safety precautions to take.

## What required policies should be included?

- A medication policy that outlines how facility possesses/dispenses medications
- How to work with clients who are violent, disruptive (immediate discharge)
- Admission policy
- Confidentiality/privacy, including cell phone/social media policies
- Client records
- Program rules (general program rules when people come to the program)
- Inventory of clients' personal possessions
- Weapons policy
- Visitor policy (may not be necessary given the length of stay)

### Considerations for the development/design of the bed spaces?

- Act calls for a maximum of 15 beds
- Existing hostel current bed spaces:
  - Most are double beds
  - Use beds with protective liners for safety reasons
  - Calling ahead is encouraged due to capacity and female to male ratio
- Interchangeability between bed and recliner
  - Could be divided in policy to increase flexibility
    - o If program runs more than 16 hours/day, default to more beds
    - o If program runs less than 16 hours/day, have a different policy like recliners
    - Could depend on client need as well
- Spell out in the rule what "beds" might include

#### 8. Break

- 9. Key Considerations, Next Steps, Future Meetings
  - Advisory Committee will meet again on 12/12/24 for final meeting.
  - Review of final rule draft at last meeting, will be sent out ahead of time.